

# MDMA, ECSTASY, & MOLLY



## WHAT IS IT?

**MDMA**, also known as **Ecstasy** or **Molly**, is a synthetic chemical drug that acts as both a stimulant and a psychedelic. Researchers have found that many ecstasy tablets contain not only MDMA, but also a number of other drugs that can be harmful, such as methamphetamine, ketamine, cocaine, and cathinones. It is not safe to use.

## STREET NAMES

Adam, Beans, Clarity, Disco Biscuit, E, Ecstasy, Eve, Go, Hug Drug, Lover's Speed, MDMA, Molly, Peace, STP, X, and XTC.

## HOW IS IT USED?

MDMA is mainly found in tablet form, but is also taken as capsules, powder, and in liquid form, as well as snorted.



## EFFECTS ON THE BRAIN AND BODY

- It increases heart rate and blood pressure. Users may experience muscle tension, involuntary teeth clenching, nausea, blurred vision, faintness, chills, or sweating.
- It causes changes in perception, including euphoria and increased sensitivity to touch energy, sensual and sexual arousal, need to be touched, and need for stimulation.

- Clinical studies suggest that MDMA may increase the risk of long-term, perhaps permanent, problems with memory and learning.

## DID YOU KNOW?

- In high doses, MDMA can affect the body's ability to regulate temperature, which can lead to serious health complications and possible death.
- MDMA use may encourage unsafe sexual behavior, increasing an individual's risk of contracting or transmitting HIV/AIDS or hepatitis.

Source: [www.drugabuse.gov/publications/drugfacts/mdma-ecstasy-molly](http://www.drugabuse.gov/publications/drugfacts/mdma-ecstasy-molly)

## TRUE OR FALSE?

The effects of MDMA only last 1 to 2 hours. **FALSE**

**Fact:** MDMA's effects last about 3-6 hours, although many users take a second dose as the effects of the first dose begin to fade. Over the course of the week following moderate use of the drug, a person may experience a range of mental and physical effects.

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For teens  
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