

FACT OR FICTION? TAKE THE QUIZ!

3) A hookah pipe is safer to use than smoking cigarettes and filters the chemicals.

FICTION!

The Centers for Disease Control and Prevention (CDC) states that hookah use has many of the same health risks as cigarette use.



HOOKAH USE HAS MANY OF THE SAME HEALTH RISKS AS CIGARETTE USE.

- 1** The charcoal used to heat the tobacco produces high levels of **carbon monoxide, metals** and **cancer-causing chemicals**.
- 2** Hookah tobacco and smoke contain several toxic agents known to cause **lung, bladder, and oral cancers, clogged arteries** and **heart disease**.
- 3** **Infections** may be passed to other smokers by **sharing a hookah**.

According to the Centers for Disease Control and Prevention